### CENTENNIAL PARK SCHOOL

"Live Truly"



50 Te Kuiti Road, Te Kuiti 3910

Phone: (07) 878 7709

mail: <u>principal@centennialpark.school.nz</u>

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Letter #6

Kia ora e te Whānau,

### Covid Level 3 - STEP 2

The Government have made an announcement that plans are underway to support the return to onsite learning for our kura which is currently still in an Alert Level 3 area but to do this in a way that is as safe as possible. We are now able to make a slight adjustment to Level 3 - STEP 2.

The restrictions of Alert Level 3 and 4 have been a real challenge to the wellbeing of our tamariki and whānau and we have heard from many of you that your tamariki are keen to see their friends and teachers kanohi ki te kanohi.

You can be reassured that any decisions about bringing tamariki and staff on-site will be done in accordance with strict public health guidance – so what on-site learning will look like will be different than Alert Level 2 or Alert Level 1 settings. We will need to wait for exactly what this will look like closer to the date the Gov't have set for us all to return.

<u>The earliest a return to school will happen is 15 November</u>. Before then, we will provide more information about this and about the vaccination requirements of staff and those of others and whānau working and volunteering in our kura. Again, this will be depending on what cases and locations are in our area.

In the meantime, we need to look after our most vulnerable people. If you are unsure of your own health, please go have it checked out. Get tested if you have the flu like symptoms.

Please do encourage your friends and whānau who might be worried about the vaccine to seek good information from health practitioners, so they can make a well-informed decision.

We have attached to this panui an info sheet on what Level 3: STEP 2 looks like.

Please let us know if we can help to support you and your whānau through the next couple of weeks whilst we are continuing with distant learning.

Ngā manaakitanga

Kevin Ikin Tumuaki / Principal Te Kura Rautau / Centennial Park School Te Kuiti

### At Step 2:

- Retail can open, with customers keeping 2 metres apart, and staff and customers required to wear face coverings
- Public facilities like libraries, museums and zoos can reopen, with face coverings required and people keeping 2 metres apart
- Outdoor gatherings of up to 25 people can go ahead, with the removal of the 2-household restriction. Physical distancing is strongly encouraged to help prevent the virus spreading between households.
- Outdoor organised exercise classes, like yoga and bootcamps, can expand to 25 people, including instructors, with 2-metre physical distancing required.

All other restrictions remain as in Step 1.

### Golden rules of Waikato at Alert Level 3 Step 1



Continue to work or study from home, if you can.



Wear a face covering and keep your distance from people while out and about.



Two households can meet up outdoors with a maximum of 10 people.



More outdoor exercise, such as yoga and group exercise classes. Up to 10 people can take part, while maintaining a physical distance of 2 metres.



Children can return to early childhood centres with 10 children in each bubble. Please keep all older children at home.



Businesses that require close physical contact cannot operate.



Keep scanning QR codes and record keeping everywhere you go.

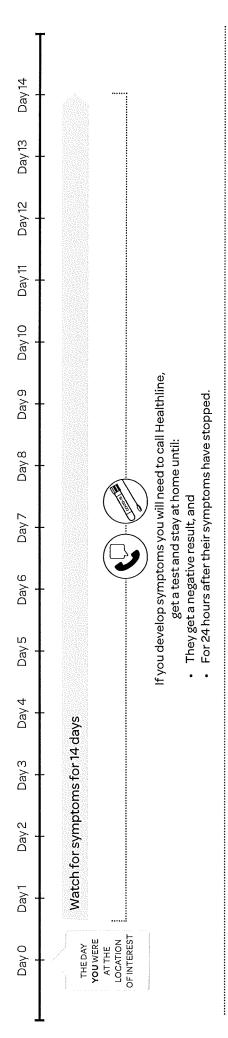


Travel between Alert Level areas is still restricted.



# CASUAL CONTACTS

If **you were** at a location of interest at the same time as someone infectious with COVID-19. Casual Contacts are at a lower risk than Casual Plus Contacts and Close Contacts.



## Things you need to know

### Do I need to stay home?

No, unless you develop symptoms.

## What symptoms should I look for?

COVID-19 symptoms can include a new or worsening cough, fever, shortness of breath, sore throat, runny nose or temporary loss of smell/taste. Some people may also experience diarrhoea, headaches, muscle pain, nausea, confusion or irritability.

If you have difficulty breathing, call an ambulance: Dial 111.

### Do I need a test?

Only if you develop symptoms.

If you develop any symptoms, call Healthline, get a test and stay at home.

- Until you get a negative result
- For 24 hours after your symptoms have stopped
- Stay separate from others in your house if you can.

### Where do I get tested?

For Testing Centre information call Healthline on 0800 358 5453 or visit healthpoint.co.nz/covid-19/

### How much do tests cost?

Tests are completely free.

How do I know if my test is positive or negative?
The usual process for positive tests is a call from Public Health.
They will let you know what you need to do next. Negative results are normally advised via text.

# Do the people I live with need to do anything?

Household members don't need to get a test or stay at home, unless they develop symptoms.

Anyone who develops symptoms will need to call Healthline on 0800 358 5453.

